THE BENEFITS OF BEING A THANKFUL PERSON

I Thess. 5:18 - "In everything give thanks; for this is the will of God in Christ Jesus concerning you."

Phil. 2:14 - "Do all things without mumurings and disputings".

Psalms 100:4 - "Enter into His gates with thanksgiving, and into His courts with praise: be thankful unto Him, and bless His name."

Psalms 107:22 - "And let them sacrifice the sacrifices of thanksgiving, and declare His works with rejoicing."

Colossians 3:15 - "And let the peace of God rule in your hearts, to the which also ye are called in one body; and be ye thankful."

WHY IS BEING THANKFUL SO IMPORTANT:

Because the Bible tells us to be thankful. (I Thess. 5:18 - "In EVERYTHING give thanks....")

1) IT CAUSES US NOT TO BE SO SELF-CENTERED. (Psalms 107:22 - see verse above written out).

2) LIFTS DEPRESSION. (Psalms 100:4 - "Enter into His gates with thanksgiving, and into His courts with praise.")

3) CAUSES AN ATTITUDE OF GRATITUDE. (Rev. 7:12 - "Thanksgiving and honour be to our God.") (See the story of the 10 Lepers, one gave thanks! - Luke 17:12-19)

4) HELPS US TO APPRECIATE WHAT OTHERS (used by God) DO FOR US. (Phil. 1:3 - "I thank my God upon every remembrance of you.")

5) OPENS A DOOR (in the Spirit) FOR GOD TO CONTINUE TO BLESS US WITH EVEN MORE FAVOR. (Acts 2:47 - "Praising God and having favour with all people..."

6) BRINGS THE PRESENCE AND POWER OF THE HOLY SPIRIT MORE INTO OUR LIVES. (Read: Acts 4:21-33)

7) ATTRACTS PEOPLE TO WANT TO BE AROUND US. (Read: Acts 16:25)

8) WE EXPERIENCE MORE CONTENTMENT AND PEACE WITHIN OURSELVES. (Col. 3:15 - "And let the peace of God rule in your hearts to the which also ye are called in one body; and be ye thankful."

9) WORRY GOES. (Phil. 4:6 - "Be careful for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known unto God.")

10) WE ARE HEALTHIER! (III John vs.#2 - "Beloved, I wish above all things that thou mayest be in health, even as thy soul prospereth.") (Proverbs 17:22 - "A merry heart doeth good like a medicine, but a broken spirit drieth up the bones.")