“Sermon Notes On Discouragement”

1) Place Scriptures (the Word of God) All Over Your Dwelling Place. (Joshua 1:8) Quote it. Memorize it. Apply it. The devil HATES the Word of God! Remember in Matthew 4, Jesus defeated satan who was tempting Him, by quoting the Word, 3 times, “It is written....” It will work for you.

2) Change Your Thoughts. (Phil. 4:8) Every time grief comes knocking at the door of your emotions, re-place those thoughts with something positive.

3) Volunteer. Help Someone Else. (John 15:13) There is someone else in need, maybe worse than yours, maybe not...but help them. It is great therapy for you! As you help others, it will get your mind off of your issues.

4) Praise The Lord! (Psalms 150:6) This works! But at first it may seem mechanical....like your flesh is really resisting. It will, too. Just keep it up and you will see results.

5) Stay In Church. (Hebrews 10:25) There should be joy and excitement when you are regularly attending a church where the Holy Spirit is directing you. You will find friends of like faith and encouragement.

6) DON’T Discourage Friends Off (by dwelling and rehearsing to them your grief and past). (Psalms 19:14) It will drive any friends away, eventually. They have issues of their own and often times are seeking your friendship out for enjoyment and pleasure from their own negative issues as well. Remember, no one has a perfect life. No one. We all need encouragement. What you make happen for others - God will make happen for you. (Luke 6:38) Scripture here to back that up.

7) Believe God For Your Breakthrough From Discouragement. Start thanking God for your deliverance. (Mark 11:24)

For more info:

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