“LORD, HELP MY MOUTH” !!!

Text: Ephesians 4:22-32. (especially verses #22, #29 & #31)

HOW DO WE CONTROL WHAT WE SAY?

1) Self Control (restraining your tongue)

2) Ask God To Help You
   Matt. 7:7 / Matt. 21:22 / Mark 11:24 / Psalms 51:10 / John 14:14 /
   John 16:24 / Psalms 116:10

   The Holy Spirit will lead and guide you into all truth. (John 17:17)
   See: John 16:13

3) Change Your Thoughts
   Phil. 4:8 / Psalms 139: 23 & 24

4) Read Scriptures Against An Evil Tongue (gossip)
   Prov. 6:2 / Prov. 6:19

QUESTION: IS IT WRONG TO WARN PEOPLE ABOUT ANOTHER INDIVIDUAL?
ANSWER: NO! It is not wrong under certain circumstances. Note the Apostle Paul
warned Timothy (his spiritual son in the Lord) in II Timothy 4:10, about Demas
forsaking Paul. Also, in II Timothy 4:4 - “Alexander the coppersmith did me
much evil….” Then, in II Timothy 4:16 - “…all men forsook me…” (read verses
#16 & #17) Move onto III John 1: 9 & 10 - “…but Diotrephes, who loveth to
have preeminence among them receiveth us not.”

See: Romans 16:17-19 - “…mark them which cause divisions and offenses contrary
to the doctrine which ye have learned, and AVOID THEM…”

NOTE: There are special times in our life, when we may need to warn another
believer to be guarded or careful around certain individuals who may cause
division, etc. That is scriptural to protect us. Keep it brief (when discussing this
issue). Keep it confidential. Guard your words carefully!

Gossip is spreading unkind words about others that are not necessary to share.
Tearing another person down with implications and words that are negative,
when that one is not around to defend or protect themselves. Just pretend that
person is standing beside you, hearing EVERYTHING you are saying about them.
WOULD YOU STILL SAY THOSE WORDS ? ? ?

Here is a saying I use to read, when I was a little girl, visiting at my
grandma’s house. She had it on a small cardboard plaque. It read: “GOD IS THE
HEAD OF THIS HOUSE. THE UNSEEN GUEST AT EVERY MEAL. THE SILENT
LISTENER TO EVERY CONVERSATION.”

Read: Psalms 19:14.

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DEFINITION OF GOSSIP: “Casual or unconstrained conversation or reports about other people typically involving details that are not confirmed as being true. Idle talk or rumor especially about the personal or private affairs of others, sensational or intimate in nature.

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SEE: Romans 1: 29 & 30.

In verse #29, it mentions “whisperers”.
Verse #30, “backbiters”.

II Corinthians 12:20, the same words are used in this passage as well. (“Whisperers” and “backbiters”) Interesting, huh?

GOSSIP CAN:

1) Separate Friends (Prov. 16:28)
2) Wound The Hearts Of Others (Prov. 18:8 / Prov. 26:22)
3) Cause The Gossiper To Be Punished (Prov. 19:9)

REMEMBER: ISAIAH 6: 3 - 8.

Isaiah had to have his LIPS purged before he could really be used by God in a powerful way. The anointing of God will always flow stronger upon us when we have our lips spiritually purged by God.

Question: How do we react when others gossip about us?
Answer: Do as Jesus did!

1) Isaiah 53:7 - “…so He opened not His mouth…”
2) Matthew 26:63 - “…Jesus held His peace.”
3) Matthew 27:14 - “…He answered Him to never a word.”

We don’t need to go around defending ourselves and explaining about the gossip someone else heard about us. Let God be the One to judge and discipline others who are making the terrible mistake and unwise decision to gossip. God’s discipline upon that individual is far better than us trying to get upset and fix the situation.

CLOSED VERSE: P S A L M S  1 4 5 :  1 1  (read it aloud)

Pray and ask God to heal your tongue. It starts with thinking (changing your thoughts) BEFORE you speak. THINK BEFORE YOU SPEAK! Is it KIND? Is it FRUITFUL? PROFITABLE TO OTHERS? WILL YOUR WORDS HELP OR HURT OTHERS?

Change your atmosphere, circumstances and attitude by CHANGING YOUR WORDS.

You can do it. With God All Things Are Possible. You Can Do All Things Through Christ That Gives You The Strength.

Pray now and ask Him to help you change your words by allowing you to be more sensitive to the Holy Spirit. Repent. Move forward in your spiritual walk with God. Make your words count and have depth and anointing.

“THE MORE YOU PRAY - THE LESS YOU’LL SAY”.

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