"MOUTH & HEART"

Text: Psalms 19:14 - "Let the words of my mouth and the meditation of my heart be acceptable in Thy sight, O Lord, my strength, and my Redeemer."

Point #1 - "MY MOUTH"

Proverbs 12:18 - "...tongue of the wise is health."
Psalms 141:3 - "Set a watch, O Lord, before my mouth, keep the door of my lips."
Proverbs 16:24 - "Pleasant words are as a honeycomb, sweet to the soul, and health to the bones."
Proverbs 25:11 - "A word fitly spoken is like apples of gold in pictures of silver."
Ecc. 10:12 - "The words of a wise man's mouth is gracious; but the lips of a fool will swallow up himself."
Isaiah 50:4 - "The Lord God hath given me the tongue of the learned, that I should know how to speak a word in season to him that is weary."
Proverbs 17:27 - "He that hath knowledge spareth his words and a man of understanding is of an excellent spirit."
Colossians 4:6 - "Let your speech be always with grace, seasoned with salt, that
ye may know how to answer every man."
Psalms 39:1 - "I said I will take heed to my ways, that I sin not with my tongue. I will keep my mouth with a bridle, while the wicked is before me."
Proverbs 15:28 - "The heart of the righteous studieth to answer, but the mouth of the wicked poureth out evil things."
Job 6:25(a) - "How forcible are right words."
Proverbs 13:3 - "He that keepeth his mouth, keepeth his life..." (Prov. 21:23)
Proverbs 18:21 - "Death and life are in the power of the tongue..."

VERSES ON EVIL SPEAKING:

Eph. 4:31/Titus 3:2/James 4:11/
I Peter 2:1/ Prov. 29:20/ Matt. 12:36/
Psalms 101:5.

Proverbs 10:19 - "In the multitude of words there wanteth not sin, but he that refraineth his lips is wise."
(See: James Chapter 3)
Job 6:24 - "Teach me, and I will hold my tongue; and cause me to understand wherein I have erred."

POSITIVE EFFECTS OF RIGHT SPEECH:

Job 29:22 - "Thou shalt also degree a
thing, and it shall be established unto thee, and the light shall shine upon thy ways."
Proverbs 16:24 - "Pleasant words are as an honeycomb, sweet to the soul, and health to the bones."
Proverbs 12:18 - "The tongue of the wise is health..."
Psalms 145:5 - "I will speak of the glorious honour of Thy majesty."

POINT #2 - "MY HEART"

Matthew 12:34 - "...for out of the abundance of the heart, the mouth speaketh." (See: Matt. 12:35-37)
Psalms 147:3 - "He healeth the broken in heart, and bindeth up their wounds."
Psalms 51:17 - "The sacrifices of God are a broken spirit: a broken and a contrite heart, O God, thou wilt not despise."
Psalms 44:21 - "...He knoweth the secrets of the heart."
Proverbs 15:28 - "The heart of the righteous studieth to answer, but the mouth of the wicked poureth out evil things."
Proverbs 15:13 - "A merry heart maketh a cheerful countenance; but by sorrow of the heart the spirit is broken."
Psalms 15:15 - "...he that is of a merry
heart, hath a continual feast."
Proverbs 17:22- "A merry heart doeth
good like a medicine, but a broken spirit
drieth up the bones."
Proverbs 23:7- "For as he thinketh in
his heart, so is he."
Proverbs 22:17- "...apply thine heart
unto my knowledge."
Psalms 57:7 - "My heart is fixed, O God,
my heart is fixed; I will sing and give
praise."
Psalms 31:24 - "Be of good courage and He shall
strengthen your heart, all ye that hope in the Lord."
Psalms 27:14 - "Wait on the Lord: be of
good courage, and He shall strengthen
thine heart: wait I say, on the Lord."
(See: Psalms 28:7)

WHAT ARE YOU MEDITATING ON?

See:  Psalms 1:2 - "But his delight is in
the law of the Lord; and in His law doth
he meditate day and night."
Joshua 1:8 - "...thou shalt meditate
day and night."

PHILIPPIANS 4:8 - "whatsoever things
are.....
1) true 2) honest 3) just 4) pure 5) lovely
6) good report 7) of any virtue 8) praise
THINK ON THESE THINGS
Psalms 119: 99 (b) - "...for Thy testimonies (the Word) are my meditation."
Psalm 119:97 - "Oh how I love Thy law! It is my meditation all the day."
Psalm 119:15(a) - "I meditate in Thy precepts." (The Word)

SEE: Psalms 119:59

IT IS A SIN TO WORRY!
SEE: Phil. 4:6 / Matt. 6:25-34/
Prov. 24:10/ Isaiah 40:29-31/

When you meditate on the right thoughts, praise will come more quickly out of your mouth. Do the "great exchange". Exchange your negative thoughts into God's powerful promises. (from His Word)
Exchange your sadness into gladness.
(Isaiah 61:3) . . .
Your self - centerness into someone else's need fulfilled through you. (Luke 6: 38)
Your hopelessness into faith, hope and love,(Hebrews 11: 1 & 2)(I Cor. 13:13)by
building yourself up in the Word
(Romans 10:17) and in the Holy Spirit.
(III John vs. #2)
REJOICE! PRAY WITHOUT CEASING!
STAND ON THE WORD!

AND GIVE, GIVE, GIVE !!!