“WHAT CAUSES MURMURING?”
- Philippians 2:14 -

1) Disappointed in life. (people, places, things) (John 4:14)

2) Disappointed with yourself. (Gal. 5:17)

3) Disappointed with God. (Job 2:9)

4) Expectations too high. (Ro. 7: 18 & 19) (Give yourself and others some slack)

5) Too busy. (Matt. 8:21 & 22)

6) Not busy enough. (I Tim. 5:13) (God is a God of balance)

7) Not enough sleep. (Psalms 127:2)

8) Not enough nutrition. (Psalms 146:7)

9) Not enough time with God. (Matt. 26:40) (Bible reading, meditation & prayer)

10) Being unthankful and ungrateful for what God has already done for you. (Psalms 106:25)

11) Being jealous of other people or what they possess. (Prov. 6:34)

12) Comparing yourself with others. (II Cor. 10:12)


14) Being impatient and without self control. (Gal. 5:22-24)

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